

Did Chelsea's Story get you thinking?

*Safeguarding children and young people
in Gloucestershire*



Sexual Exploitation

We are running **Chelsea's Story** in schools in Gloucestershire because we want you to be safe and happy and able to recognise unhealthy, exploitative relationships.

Sexual exploitation is difficult to explain and everyone's situation is different. It can mean that someone may be forcing or coercing you to have sexual contact with them, or other people. It could also be an adult taking advantage of a situation you are in to get you to have sex with them. This could include sexual contact in return for money, alcohol, somewhere to stay, gifts or favours.

If this is happening to you, it is definitely not your fault!

Have you been affected by the performance?

Are you worried about sexual exploitation?

Do you think that you or someone else might be at risk?

If your answer to any of the above questions is Yes, you need to ask for help - turn over for what to do next.



What to do next

- Speak to someone at school, e.g. teacher, counsellor, link worker, nurse - they will get you the support you need.
- Phone the Youth Support Team support line on: 01452 547540 (9am to 5pm, Monday to Fridays) and you will be referred to a duty worker who will be able to provide you with advice and guidance.
- Phone the GDASS support line on: 01452 726570 (10am - 4pm, Monday to Fridays) and a worker will help you to make sense of what's going on and give you advice. We will not share what you tell us without your permission - unless we believe that you or someone else is in real danger. We want and must keep you safe.

Other useful numbers

- Gloucestershire Police: Non emergency 101 Or emergency 999
- Childline: 0800 11 11
- NSPCC: 0808 8005000

Other places for help if you need to talk about how you feel

Samaritans: ring 116 123 Email: jo@samaritans.org

Youngminds: TEXT: YM to 85258

Gloucestershire Self Harm Helpline (5pm to 10pm daily):

Freephone: 0808 801 0606, www.gloucestershireselfharm.org

TEXT: 07537 410022